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Echoes in the Night: Alienation, Aspiration, and the Youth Predicament in Chetan Bhagat's One Night @ the Call Center

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#### **Abstract**

The advance of globalization has woven nations together, shrinking physical borders but equally engendering new social and economic chasms. The mantra to "think local, make global" found unexpected resonance in India as waves of outsourcing transformed the country's labor landscape. In his novel One Night @ the Call Center, Chetan Bhagat delves into the unglamorous realities faced by young Indians tethered to telephonic terminals serving foreign economies. Through a focus on six protagonists working graveyard shifts, Bhagat exposes the complications of underemployment, existential confusion, and the burdens of a job market shaped by external demands. This paper re-examines Bhagat's narrative as a lens onto the challenges, sacrifices, and silenced aspirations of Indian youth, exploring how the allure of financial gain clashes with blocked ambitions, social expectations, and muted voices. Keywords:

One Night @ the Call Center, outsourcing, Indian youth, career struggle, exploitation, self-discovery, globalization

# 1. Introduction

With the explosive growth of India's IT and BPO sectors in the early twenty-first century, a generation of young Indians found themselves pressed into nocturnal labor, servicing the needs of distant western clients. In One Night @ the Call Center, Chetan Bhagat illumines this phenomenon through the intertwining stories of six young call center employees. These characters, diverse in ambition and temperament, are unified by "sacrific[ing] their night's sleep and work[ing] for the U.S. despite knowing fully well that they have taken their lives and health to a toll." Their collective struggle foregrounds both the promise and peril of global integration, painting a sobering portrait of youth caught in the machinery of an outsourced economy.

# 2. The Indian Call Center: A Mirror of Global Disparity

The lure of the call center, as Bhagat presents it, is complex: decent pay paired with limited advancement, and the illusion of cosmopolitan professional life masking deeper exploitation. The novel "brings to light the problems of underemployment, which is even worse than unemployment," spotlighting a system that absorbs the energy and aspirations of articulate young Indians—but seldom leads them upward.

Despite "good salaries," Bhagat's young characters recognize "little scope for career growth." They choose call center work "for money and fashion" even as they acknowledge "the job will not offer them a career." Within these night-bright offices, students, dreamers, and the disillusioned gather under foreign names, each hoping to "scale great career heights with aspirations," yet unsure "the way to reach their zeal and goals."

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## 3. Voices and Silences: Character as Social Commentary

Bhagat populates his novel with six distinctive personalities, each embodying a facet of India's modern youth. Shyam, the narrator, serves as the mediator between author and reader—a "person who has the same sensibilities as that of the author." The other characters labor under constructed American identities—Radhika Jha becomes "Regina Jones," Esha Singh becomes "Eliza Singer"—mirroring the pressure to mute their individuality and present a more palatable façade to foreign clients.

## As the narrator observes:

"If you want to write about the youth, shouldn't you talk about young people, who really face challenges. I mean yes, IITians face challenges, but what about the hundreds and thousands of others?" (6).

The pervasive irony in the narrative is sharp: these young people can resolve technological grievances for strangers halfway around the globe, yet remain powerless to mend their own fractured aspirations. The arrival of "God" as a plot device offers them a brief epiphany, spurring "the characters [to] now understand to come out of their problems and learn to live their lives with a more optimistic temperament." As God advises:

"There are four things a person needs for success: a medium amount of intelligence, a bit of imagination, self-confidence, and failure. For once you taste failure, you have no fear. You can take risks more easily. Then You don't want to snuggle in your comfort zone anymore—you are ready to fly. And Success is about flying, not snuggling, God said." (8)

This intervention is both inspirational and unsettling, emblematic of the young workers' longing for agency in a world persistently out of reach.

## 4. Gendered Realities and Economic Barriers

Beyond collective anxieties, Bhagat foregrounds the gendered challenges that shadow women in this industry. Through Radhika's ordeal—her balancing act between the demands of home and the expectations at work—the text sheds light on patriarchal resistance to night shifts and economic autonomy. As the narration details:

"She has been earning the wrath of her in-laws who come from a traditional family background and do not [want] women to work night shifts by forsaking their safety for the sake of money."

## Reena Patil's research reinforces this dilemma:

"At present women workers constitute about one third of the total call centre and BPO workforce in India. However, despite such a major economic contribution of women to the industry, several challenges faced by them still remain to be addressed. There is a general lack of confidence among women at junior levels to speak up against issues such as graveyard shifts and lack of adequate safety and security measurements." (Patil, 23)

Esha, another protagonist, uses her position as a stepping stone, "a stop gap to fulfill all her aspirations and needs," yet her story is marked by the broader reality that "the path to fame is tough" and "they understand that they need to stoop before the corrupt Indian society which tries to exploit girls in the name of giving them offers and opportunities to realize their dreams."

## 5. The Myth and Meaning of Success

Bhagat interrogates the notion of success that pervades twenty-first-century India. The narrative laments that "the success of a person is measured through the quantum of money he earns in his life or the office he holds on to." Yet Bhagat's own journey—from IIT and IIM privilege to literary celebrity—renders this critique poignant:

"The youth of the country do not have the privilege which he enjoyed by being a part of IIT and IIM but still he wishes to make the novel his medium of motivation to the prospective young minds."

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This tension underpins the struggles of the six central figures, each "represent[ing] the modern Indian mindset which is a repercussion of globalization." Their quest is not just for a livelihood but for meaning—the hope that, in navigating night shifts and nameless calls, they might also discover paths of genuine fulfillment.

Military Uncle, the lone older character, stands apart as a figure marked by reticence and resignation:

"At fifty plus, he is the oldest person in the call centre. I do not know him well, and I won't talk about him much. But I do know that... The pension was meager, and he tried to supplement his income by working in the call centre. He rarely speaks more than three words at a time" (20).

His silence accentuates the generational divide: the youthful struggle for upward mobility faces a future where even experience does not guarantee security.

#### Conclusion

One Night @ the Call Center ultimately confronts the paradox of a globalizing India: night shifts under fluorescent lights offer the promise of prosperity but exact a heavy toll in invisibility, exhaustion, and deferred dreams. Bhagat's narrative leverages humor, irony, and a supernatural twist to reframe the suffering and resilience of contemporary Indian youth, even as it issues "an inspiring message to the youth who have no idea as to what to do with their lives." The story's ambivalence—its measured optimism marbled with pragmatic realism—underscores the urgent need for clearer pathways, better institutional support, and a recalibration of what it means to succeed in modern India.

#### Works Cited

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